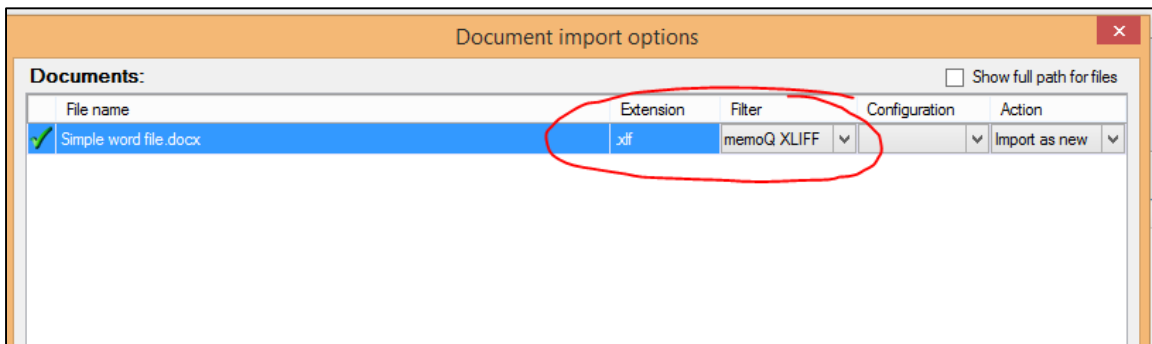# XLF Files in MemoQ
Working with XML Localization Interchange File Format in MemoQ

You have just received an XLF or XLIFF file from your Project Manager to translate. In order to begin, proceed like with any other file type. Create a local project in your memoQ and import the XLF/XLIFF file as so:
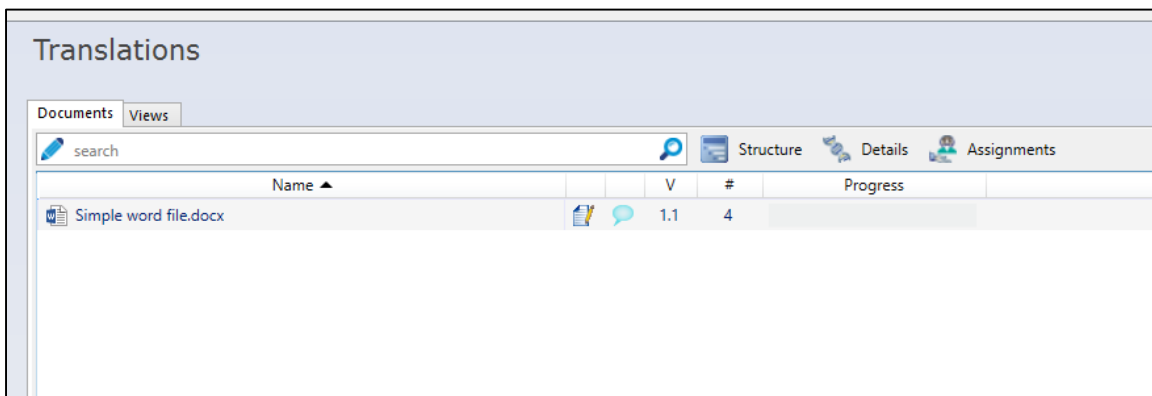
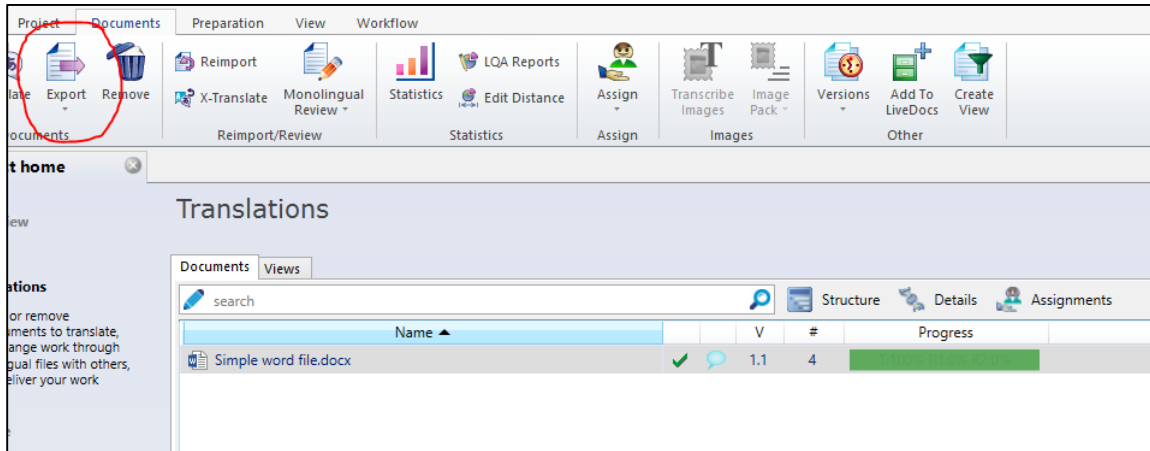1. Drag and drop the **XLF** file into your memoQ project:

2. MemoQ recognizes this file type and will automatically apply the **meomQ XLIFF filter** to the project.
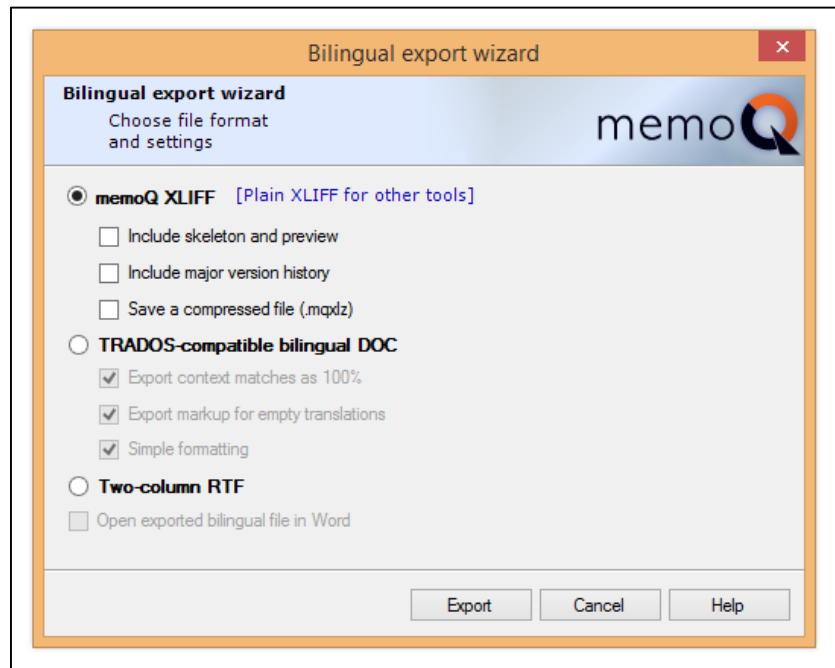

3. Translate the project as normal, until the progress is 100%, everything has been saved to the TM, and the QA has been run to catch errors.
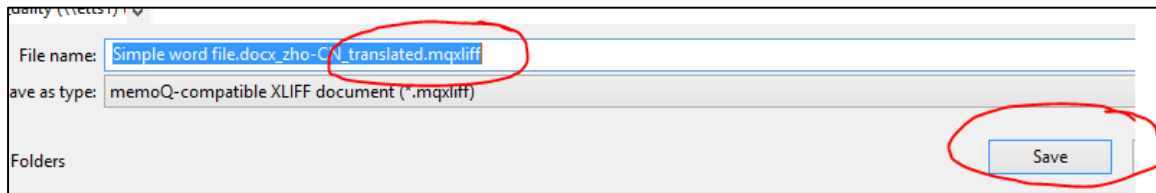
4. After the project is complete, select the "**Export**" icon and "**Export Bilingual**" from the drop-down menu.
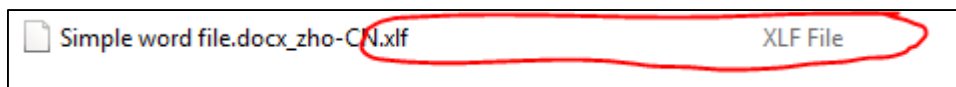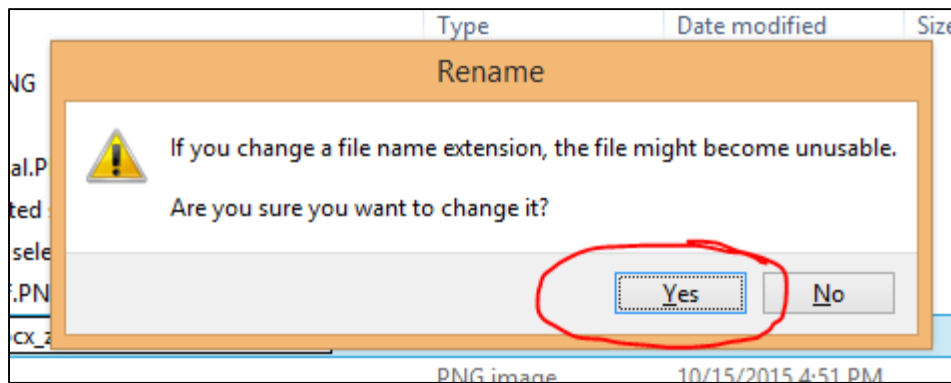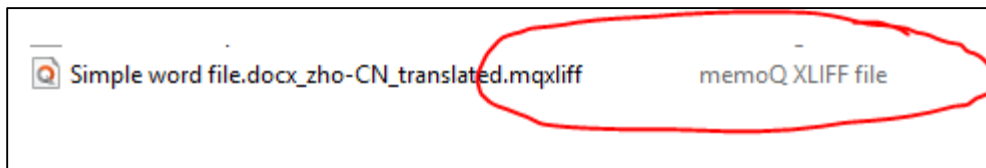

5. When the Bilingual dialogue box appears, make sure that **memoQ XLIFF** is selected and none of the options are check marked underneath.

6. Select where you want to save your mqxliff

File name: Simple word file.docx_zho-CN_translated.mqxliff

ave as type: memoQ-compatible XLIFF document (*.mqxliff)

Folders   Save

7. Select the extension **.mqxliff** and change it manually to **.xlf** (this will not corrupt the file).

Q Simple word file.docx_zho-CN_translated.mqxliff   memoQ XLIFF file

	Type	Date modified	Size

Rename

If you change a file name extension, the file might become unusable.

Are you sure you want to change it?

Yes   No

PNG image   10/15/2015 4:51 PM

Simple word file.docx_zho-CN.xlf   XLF File

8. Deliver the XLF to the Project Manager. When he/she imports the XLF into their memoQ project, they will get a notification indicating that everything has been updated properly and the progress bar will be at 100%: